

**INTRODUCTORY NOTE:** For many years Norman Cousins edited the Saturday Review. From 1975 until his death in 1990 he was also an adjunct professor in the UCLA School of Medicine. He published the essay from which this passage is excerpted in 1978.

## **HOW TO MAKE PEOPLE SMALLER THAN THEY ARE**

It has become apparent that one of the biggest problems confronting American education today is the increasing vocationalization of our colleges and universities. Throughout the country, schools are under pressure to become job-training centers and employment agencies.

Emphasis on "practicalities" is being characterized by the subordination of words to numbers. History is seen not as essential experience to be transmitted to new generations, but as abstractions that carry dank odors. Art is regarded as something that calls for indulgence or patronage and that has no place among the practical realities. Political science is viewed more as a specialized subject for people who want to go into politics than as an opportunity for citizens to develop a knowledgeable relationship with the systems by which human societies are governed. Finally, literature and philosophy are assigned the role of add-ons—intellectual adornments that have nothing to do with "genuine" education.

The irony of the emphasis being placed on careers is that nothing is more valuable for anyone who has had a professional or vocational education than to be able to deal with abstractions or complexities, or to feel comfortable with subtleties of thought or language, or to think sequentially. The doctor who knows only disease is at a disadvantage alongside the doctor who knows at least as much about people as he does about pathological organisms. The lawyer who argues in court from a narrow legal base is no match for the lawyer who can connect legal precedents to historical experience and who employs wide-ranging intellectual resources. The business executive whose competence in general management is bolstered by an artistic ability to deal with people is of prime value to his company. For the technologist, the engineering of consent can be just as important as the engineering of moving parts. In all of these respects, the liberal arts have much to offer. Just in terms of career preparation, therefore, a student is shortchanging himself by short-cutting the humanities.

But even if it could be demonstrated that the humanities contribute nothing directly to a job, they would still be an essential part of the educational equipment of any person who wants to come to terms with life. The humanities would be expendable only if human beings didn't have to make decisions that affect their lives and the lives of others; if the human past never existed or had nothing to tell us about the present; if thought processes were irrelevant to the achievement of purpose; if creativity was beyond the human mind and had nothing to do with the joy of living; if human relationships were random aspects of life; if human beings never had to cope with panic or pain, or if they never had to anticipate the connection between cause and effect; if all the mysteries of mind and nature were fully plumbed; and if no special demands arose from the accident of being born a human being instead of a hen or a hog.

Finally, there would be good reason to eliminate the humanities if a free society were not absolutely dependent on a functioning citizenry. If the main purpose of a university is job training, then the underlying philosophy of our government has little meaning. The debates that went into the making of American society concerned not just institutions or governing principles but the capacity of humans to sustain those institutions. Whatever the disagreements were over other issues at the American Constitutional Convention, the fundamental question sensed by everyone, a question that lay over the entire assembly, was whether the people themselves would understand what it meant to hold the ultimate power of society, and whether they had enough of a sense of history and destiny to know where they had been and where they ought to be going.

Jefferson was prouder of having been the founder of the University of Virginia than of having been President of the United States. He knew that the educated and developed mind was the best assurance that a political system could be made to work—a system based on the informed consent of the governed. If this idea fails, then all the saved tax dollars in the world will not be enough to prevent the nation from turning on itself.

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**ESSAY TOPIC:** Cousins wrote "How To Make People Smaller Than They Are" in 1978. Do you think his description of American education is still accurate in the 2000's? Do you think his criticisms of American education are justified? To develop your essay, you should discuss specific examples from your own experience, your observation of others, or your reading—including "How To Make People Smaller Than They Are" itself.